

# **Plotting Worksheet**

Working title:
Genre:
Tense/POV (Point of View):
Setting:
<u>Part One</u>
<b>Inciting Incident:</b> What happens to the protagonist to put her unavoidably in the path of the antagonist?
Internal Initial Conflict (call to action): What does your protagonist most want? Why can't she have it? How will she try to get it?
External Initial Conflict (call to action): What does your protagonist want to accomplish or obtain (physically)? How will she go about it?
Woven-in Backstory, Vital Information: What happened before the inciting incident that we must know to understand the story?



## **Part Two**

#### **Internal Conflict (obstacles):**

Why is your protagonist hesitant to strive for her goals? What (emotionally) makes her falter?

# **External Conflict (obstacles):**

What stands in the way of your protagonist's goals? What will happen to her if she fails?

## **Internal Higher Conflict (obstacles heighten):**

Why should your protagonist turn back now? Why doesn't she? What's at stake?

## **External Higher Conflict (obstacles heighten):**

Who or what is trying to stop your protagonist? Why?

# **Internal Highest Conflict (obstacles intensify):**

What makes your protagonist realize the unavoidable importance of her original goal? What gives it new meaning?

#### **External Highest Conflict (obstacles intensify):**

How does the antagonist get the best of your protagonist? What could make it worse? What happens to make her believe that there is no way to win?

#### **Internal Point of No Return (stakes):**

What happens to change your protagonist so that she'll never be the same again?

## **External Point of No Return (stakes):**

What makes it impossible for your protagonist to go back, to give up?

#### **Darkest Hour:**

What is the worst possible thing that could happen to your protagonist?

+61 448 224 287

sue@authoracademy.com.au www.authoracademy.com.au



# **Turning Point:**

How does your protagonist realize she must continue to fight? How does she decide to risk everything? What new approach or idea has she come up with to battle on?

## **Part Three**

#### **Internal Climax:**

What does your protagonist realize at the crucial moment? What does she learn? Overcome?

∧∨ (preferably simultaneous) ∧∨

#### **External Climax:**

How does your protagonist defeat your antagonist?

# **Resolution (external):**

What does defeating the antagonist accomplish? How are things different?

## **Character Growth (internal):**

How has your protagonist changed?