



Author Academy eCourse Video 1 Exercise 1

Different ways of getting ideas for your book

1. The first step is to work out which books you like to read and what kind of movies you like to watch. You see what you like to read or watch is a really great place to start when it comes to writing your book.
2. Take a look at your bookshelf, what kind of books do you have? Are they crime, fantasy, thrillers, romance or mysteries? Or perhaps you have dreamt about writing a children's book or maybe your life story (we all have events and experiences that happen in our lifetime that can help others), you might not think so but I can assure you it will, in my experience as an author coach many of my beloveds have written the most amazing books that have not only helped themselves but many others.
3. Ask yourself the question "do the movies I watch reflect the books I like to read?" this could be a great way to figure out what you would like to write about as well. It's quite common to write a book on what you love to read about.
4. A great exercise is to make a list of what type of stories light you up. At first you may not know why you love a certain book, however, once you make a list you will be surprised what shows up.
5. Try the following exercise, but don't think about the questions for too long, simply jot down whatever comes to your mind first:
 - What are 3 genres or novel types that interests you the most
 - What are 3 types of plots you enjoy the most
 - What are 3 types of characters you are drawn to most
 - What are 3 themes that appear in the stories you enjoy most
 - What are 3 settings you would like to write about most

