



## Exercise One (ACCESS)

### Heart Storming Questions

Let's heart storm each element of what makes a good story engaging.

For each of the elements below, write or draw what comes to mind after listening to the video – either write/draw below and paste into your journal or write/draw directly into your journal, whichever feels right for you.

**Emotional Connection:**

**Relatable Characters:**





**Suspense and Anxiety:**

**Inspiration:**

