



Author Academy FREE eCourse

The 5 Secrets of how I published my first book



How to get ideas on what to write about



Unlock The Author Within.

Where do your ideas come from?



Finding ideas to write about...

Let's do some heart storming
that will help you get some
great ideas...

Create an 'ideas file'



How to record those ideas when they start flowing through



Techniques I used to help get ideas for my book

- △ Meditation
- △ Sit quietly in nature
- △ Listen to music



Techniques I used to help get ideas for my book

- △ Went for a walk
- △ Nice long hot bath
- △ Sat quietly in a comfy chair



Sharing 'My Story' to help you



Exercise One:

5 Different ways of getting ideas for your book



Exercise Two:

6 More ways to get inspiration for your book



Exercise Three:

Get clarification around your book topic





What's Next?

**How to research
information**