



Exercise Five – The First Plot Point

This major scene is the first turning point in your story. It marks the end of the First Act and the beginning of the Second. Answer the following questions to help you:

What event occurs at the end of the First Act that causes your character to leave the Normal World and irreversibly engage with the main conflict?

In what way might this event be surprising even after the Inciting Event?

Which of the following best describes your First Plot Point?

- A seemingly positive opportunity**
- Something disastrous**
- It destroys the Normal World, leaving the protagonist no choice but to move on**
- It physically removes the protagonist from the Normal World**
- It warps the Normal World, forcing the protagonist to adapt to new ways of surviving within it**





What decision on your character's part led him right up to the First Plot Point, making her at least partially responsible for what happens?

Which best describes your protagonist's reaction to the First Plot Point?

- Enthusiasm – she wants to enter the conflict of the Second Act**
- Resistance – she must be forced to enter the conflict of the Second Act**

How will the First Plot Point force your character into a reaction that directly pits her Truth against the world's Lie?

What definitive action will she take to move forward into the Adventure World of the main conflict?





Which will the character be trying to do?

- Restore the old normal of a Truth-based Normal World**

How?

- Find a new normal by destroying the Lie-based Normal World**

How?

Name three new physical needs that must be met in the aftermath of the First Plot Point?

What definitive new plot goal will the character now adopt (something quantifiable, based on maintaining or reclaiming the Truth)?





Do you want the character to ultimately achieve this goal?

Yes

Why?

No

Why?

