



Exercise Two – The Thing Your Character Needs

However dark and discouraging the Truth in a Disillusionment Arc, it is still the Thing Your Character Needs. Answer the following questions to help you.

What Truth opposes the Lie Your Character Believes?

Write down four possible ways your story's Truth can manifest as a specific Thing Your Character Needs. This will be a specific action or belief on your character's part?

Thing Your Character Needs #1:

Thing Your Character Needs #2:

Thing Your Character Needs #3:





Thing Your Character Needs #4:

How might your character act upon each of these four options at the end of the story, to demonstrate she has gained an understanding and acceptance of the Truth?

Action based on Thing Your Character Needs #1:

Action based on Thing Your Character Needs #2:

Action based on Thing Your Character Needs #3:

Action based on Thing Your Character Needs #4:





Which of these four options will be the primary Thing Your Character Needs in this story?

- Thing Your Character Needs #1**
- Thing Your Character Needs #2**
- Thing Your Character Needs #3**
- Thing Your Character Needs #4**

Final choice of the Thing Your Character Needs:

How do you see the Truth manifesting externally/visually at the end of your story?

