



Exercise Six – The First Act

Just as in a Positive Change Arc is about the protagonist overcoming the Lie She Believes. Answer the following questions to help you.

How will you reinforce/dramatise the character's Lie?

How will you show how the character's is content in her Lie, via a hopeful or even idealistic view of the world?

How will you demonstrate the Thing Your Character Wants and the Thing She Needs?

How will her Characteristic Moment illustrate or hint at the Lie?

How will her Normal World immediately illustrate or hint at the Lie?





Name three ways you will continue to reinforce the Lie or introduce more of its facets throughout the First Act:

1. _____
2. _____
3. _____

How can you hint at your character's latent incompatibility with the Truth?

What specific character quality will be intrinsic to your character into an awareness of the Truth, even though she doesn't want to recognise it?

Even if this trait isn't yet fully developed, how can you hint right from the beginning that the seed is there?

How can you begin giving the character small hints about the falsity of the Lie and the dark nature of the Truth?





What Inciting Event will be the Call to Adventure that first brushes your character against the main conflict?

How will this Inciting Event set up the character's entry into the Adventure World of the main conflict in the Second Act?

Does the Inciting Event initially seem:

- A good thing**
- A bad thing**

How will the Call to Adventure initially be met with resistance or refusal?

Will the protagonist be the one to initially reject the Call to Adventure, or will someone else try to reject it for her?

How long will it take the protagonist to stop resisting?

- Entire rest of the First Act up to the First Plot Point**
- Shorter period ending with what event _____**





How does the Inciting Event change the protagonist's awareness of and comfort in the Normal World in however small or subconscious a way?

How will your protagonist still be entrenched in the Lie toward the end of the First Act?

How will her subconscious attitude toward the negativity of the Truth take its first step forward?

What will the protagonist decide to do about the Call the Adventure at the Inciting Event?

