



### Exercise Seven – The First Plot Point

No matter how comparatively positive the First Plot Point may seem, it must always be dogged by the portent of bad things to come. Answer the following questions to help you.

What event occurs at the end of the First Act that causes your character to leave the Normal World and irreversibly engage with the main conflict?

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In what way might this event be surprising even after the Inciting Event?

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Which of the following best describes your First Plot Point?

- A seemingly positive opportunity
- Something disastrous

What decision on your character's part led her right up to the First Plot Point, making her at least partially responsible for what happens?

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**Which of the following best describes your First Plot Point?**

- It physically removes the protagonist from the Normal World
- It warps the Normal World, forcing the protagonist to adapt to new ways of surviving within it

**Which best describes your protagonist's reaction to the First Plot Point?**

- Enthusiasm – she wants to enter the conflict of the Second Act
- Resistance – she has to be forced to enter the conflict of the Second Act

**After the First Plot Point, how will your protagonist react?**

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**What definitive action will she take to move forward into the Adventure World of the main conflict?**

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**Name three new physical needs that must be met in the aftermath of the First Plot Point:**

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2. 

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3. 

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**What definitive new plot goal will the character now adopt (something quantifiable, based on the Thing She Wants)?**

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**Do you want the character to ultimately achieve this goal?**

Yes

**Why?**

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No

**Why?**

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**How will the character's decisions and actions in the aftermath of the First Plot Point drag her out of complacency and force her onto a path toward eventually facing the Truth?**

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**What about the Adventure World of the Second Act makes the character's initial Lie less believable than it was in the Normal World?**

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