



Exercise One – The Lie Your Character Believes

Write down four possible variations of the Lie Your Character Believes. Each one should be a specific belief, stated in one short sentence.

Lie #1:

Lie #2:

Lie #3:





Lie #4:

How can each of these potential Lies be reflected in your character's exterior world and/or how can the exterior world be a metaphor for your character's inner struggle?

Exterior World Reflection for Lie #1:

Exterior World Reflection for Lie #2:





Exterior World Reflection for Lie #3:

Exterior World Reflection for Lie #4:

**Which of these four Lies will be the primary Lie for your character's arc?
Which one best influences your plot and theme?**

- ☐ Lie #1
- ☐ Lie #2
- ☐ Lie #3
- ☐ Lie #4

Final choice of the Lie Your Character Believes?

