



Exercise Two – Symptoms of the Lie

Answer the following questions to further hone the right Lie for your story.

Which of the following symptoms are present in your character's life?

Fear

How is it manifesting?

Extreme hurt

How is it manifesting?

Inability to forgive

How is it manifesting?





Guilt

How is it manifesting?

Horrible secrets

How is it manifesting?

Shame over something the character did

How is it manifesting?

Shame over something done to the character

How is it manifesting?





How is your character attempting to escape the pain caused by the symptoms of her Lie?

How is your character's inability to face the Lie trapping her within the painful symptoms despite her efforts to escape them?

At the beginning of your story, what is your character lacking mentally, emotionally or spiritually, as a result of the Lie?

In your first chapter, how can you dramatise what she is lacking and/or suffering as a result of her Lie?

