



Exercise One – The Truth Your Character Believes

Write down four possible variations of the Truth Your Character Believes. Each one should be a specific belief, stated in one short sentence.

Truth #1:

Truth #2:

Truth #3:





Truth #4:

Which of these four Truths will be the primary Truth for your story? Which one best influences your plot and theme?

- Truth #1
- Truth #2
- Truth #3
- Truth #4

What major Lie will eventually stand in opposition to your protagonist's Truth?

