



## Exercise Seven – The First Plot Point

The First Plot Point shifts your protagonist out of the safe Normal World of her Truth and into an uncertain new Adventure World. Answer the following questions to help you.

What event occurs at the end of the First Act that causes your character to leave the Normal World and irreversibly engage with the main conflict?

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In what way might this event be surprising even after the Inciting Event?

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Which of the following best describes your First Plot Point?

- A seemingly positive opportunity
- Something disastrous

What decision on your character's part led her right up to the First Plot Point, making her at least partially responsible for what happens?

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**Which of the following best describes your First Plot Point?**

- It destroys the Normal World, leaving the protagonist no choice but to move on
- It physically removes the protagonist from the Normal World
- It warps the Normal World, forcing the protagonist to adapt to new ways of surviving within it

**Which best describes your protagonist's reaction to the First Plot Point?**

- Enthusiasm – she wants to enter the conflict of the Second Act
- Resistance – she has to be forced to enter the conflict of the Second Act

**How will the First Plot Point force your character into a reaction that directly pits her taken-for-granted Truth against her subconscious Lie?**

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**Why do the events of the First Plot Point lead her to believe her First Act tactics will no longer be as successful?**

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**What definitive action will she take to move forward into the Adventure World of the main conflict?**

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**Name three new physical needs that must be met in the aftermath of the First Plot Point:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**What definitive new plot goal will the character now pursue?**

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**Do you want the character to ultimately achieve this goal?**

Yes

**Why?**

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No

**Why?**

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