



Exercise Eight – The First Half of the Second Act

The Second Act in a Negative Change Arc bears a lot of similarity to that in a Positive Change Arc. Answer the following questions to help you.

What catalyst (possibly in the form of information from another character) will your protagonist begin to receive that tempts her into believing the Lie is a good and helpful thing?

How can other characters remind your protagonist of the Truth by demonstrating it, rather than just telling her about it?

How is your protagonist feeling slightly out of place within the new Adventure World of the Second Act?

What Truth-based belief is the protagonist still trying to use to reach her goals?





How is the character's increasing half-heartedness about the Truth hold her back from being truly effective?

How is the protagonist demonstrating confusion or frustration about why the Truth isn't serving her as well as she thinks it should?

How is the character experiencing increasing cognitive dissonance as she becomes more and more convinced of the worthwhile effectiveness of the Lie?

What first move will she make to slowly begin evolving her tactics to incorporate the Lie?

How is the character pursuing the Thing She Wants in the Second Act?





How is she failing to achieve her plot goal, thanks to her half-hearted embrace of the Truth?

How is her pursuit of the Thing She Wants pushing her away from the Thing She Needs?

If the character continues down this path unchecked, what personal, spiritual, and perhaps even physical destruction would she end up running into?

